

**Save a tree - send your email to me!**

Long time supporter of the work of HAO Don Baker travelled to Bucharest to perform at our annual ball last year.



Audrey Cranston , Don Baker, & James Dillon

Help us reduce our carbon footprint and administration costs by sending your email to [hao@iol.ie](mailto:hao@iol.ie) & we will send future newsletters by email.

## Chinese New Year Banquet



A big thank you to Dublin City Council the ICA and the Chinese New Year Festival Committee for organising the event. Over €7,000 was raised on the night. The Year of the Ox was welcomed in. The event was attended by the Chinese Ambassador Mr. Liu Biwei and the Lord Mayor of Dublin Eibhlin Byrne. The event was sponsored by Bord Bia and by Treasury Holdings.

Dana and Victor fascinated by the beautiful colours of the fish on a visit to the local Aquarium in Galati.



## What's new in Romania?

In Constanta six of the young adults previously from Negru Voda who moved to our first group home in 2001 and into semi independent living apartments in 2007 have all been awarded their own home by the local Council. The homes still have to be built and there is a lot of planning and preparation ahead but it will be a very happy occasion and a huge credit to all the staff of FVB who worked with these incredible young people down through the years. FVB will continue to provide a security network for this group for as long as they need or want it. This experience of young people with learning disability moving from long term institutional care to living independently is positive evidence that this transition is possible for many, more of the young people still living in institutions in Romania.

In Techirghiol Pilot Centre where the original residents of Negru Voda institution are now living FVB's training department are currently involved in a shadow training project. Three experienced trainers are working one to one with the staff in each of the residential units to develop both individual and group activities.

### Getting involved.....

- Do you have experience in organisational development or in disability issues? If so, why not become a volunteer? Would you like to organise a fundraiser or get involved in any other way?
- For more details on any of the above please call **Audrey on 01 8733173** or email [hao@iol.ie](mailto:hao@iol.ie)

## HAO's China Projects

HAO has provided €5,000 for structural work to be completed at a private orphanage in Anshun, Guizhou Province, China.

Before



After



HAO has engaged a representative from the World Health Organisation based in Hong Kong to carry out medical assessments of all children living in two orphanages. Seven children have been identified as being in need of emergency operations such as for cleft palate and club foot. We are working closely with an Irish lady based in the area to ensure the children get the medical attention they need.



### Message from the Foreign Affairs Office of Guizhou People's Government January 2009

*"It has been more than 10 years since our collaboration started in 1997 in Guizhou. HAO has enjoyed sound and efficient partnership with the Foreign Affairs Office, the provincial department of education, the department of civil affairs and Anshun Teacher College.*

*Foreign Affairs Office of Guizhou Provincial People's Government wishes HAO would continue their support and material resources in the Special Needs programme and improving the living standard of people with disability, and very much look forward to working together with HAO to progress this course in the near future."*

### How can you help?

- Sponsor a child with disability to go to school: €300 per year = €0.82 per day.
  - Fund tuition fees for special education teacher: €500 per year. = €1.37 per day
  - Support our projects through the HAO advisory committee.
  - Become a monthly donor to help us expand our projects for as little as €10 per month.
  - Volunteer (HAO only sends people with experience in the area of disability).
-

A big thank you to Don Baker and every one who supported him to help raise €25,000 on Failte Towers.



Don Baker after his big win with supporter Orla Keating from Mullingar



Don's support team!



### *Partnerships in disability services*

Carmichael House  
Nth Brunswick St  
Dublin 7  
Ireland

Phone: 00353 1 873 3173  
Fax: 00353 1 873 3006  
Email: hao@iol.ie

**HAO is a registered Irish charity which has been delivering training, therapy and education programmes overseas since 1991.**

**Company No. 407808.**

**CHY No: 10503**

**HAO is not affiliated to any religious or political organisations.**

**Many people include charities in their Wills. HAO would be honoured to be included in your Will.**

**This newsletter is also available in large print format**

## **Acceptable Language**

**Don't get tongue tied talking to someone with a disability. Read our quick guide to acceptable language.**

**Language is a highly contentious issue, and it's difficult to come up with a 'perfect' list of terminology that won't offend anyone. The most important thing to remember is always put the 'person' before the disability.**

**NA= Not Acceptable OK= Acceptable**

- Cripple – NA – Has become a term of abuse.
- Someone with a disability – OK
- Disabled people – OK
- Wheelchair bound – NA – Inference is that the person is constrained by their wheelchair.
- Wheelchair user – OK – It is a form of transport as any other.
- Handicapped – NA – Origin is to go cap in hand for money. It implies that disabled people rely on charity.
- The Blind - NA
- The Deaf- NA – this groups people together and the impairment becomes the focus of attention.
- A person who is deaf/blind- OK
- Mongol- NA – Has become a term of abuse.
- Invalid – NA – an insulting term. Means not valid.
- Special Needs – NA This term is seen by many disabled people as probably the most offensive of all. "Our needs are not special, just different".
- Impairment- OK – We have impairments but they don't disable us.
- Spastic-NA – has become a term of abuse.

## **Acknowledgements**

A big thank you to our regular "Sponsor a Project" donors, and to those who completed tax relief certificates which enabled HAO to reclaim tax on all donations over €250 in any given year. If you require further details on this scheme please contact us on 01 8733173

**HAO Directors:** James Dillon, Gearoid O' Nolan, Mel Clifford, Patrick Vaughan, Carmel Murphy, **CEO:** Audrey Cranston

**HAO's partners overseas:** Fundatia pentru o Viata mai Buna (FVB), Romania, and Anshun Teacher Training College, Guizhou, China.

## Race Night

Thank you to Dublin Round Table 203: who held a Race Night to raise funds for HAO. The night was a great success and raised €5,600.



Audrey Cranston from HAO accepting the cheque from Paul Ryan and Paul McCartney, Round Table Dublin

## The Passing of Sister Therese Flynn

The very sad news was received earlier this year when Sister Therese Flynn from the Holy Rosary Sisters passed away while working in Sierra Leone. Therese, as she insisted on being called inspired all she worked with as she travelled all over Romania delivering workshops to nurses and health professionals working in many different fields. Therese worked with HAO for four years from 1996—2000

One of Therese's greatest successes was the pioneering of a maternity project in Macin, Tulcea County which saw mothers and babies share the same room after birth.

# Appeal

Now more than ever in these challenging times HAO needs your support to ensure the continuity of the services which we provide to people with disabilities in Romania and China. Why not help us and get a friend or family member to sign up for a monthly direct debit for as little as €10 per month. Every sponsor who succeeds in getting one other sponsor will go into a draw for €1,000. The draw will take place on 31st

October. Terms & Conditions apply: The new sponsor must commit to a minimum of one year and HAO must have received 3 months standing order payments before prize money is released.

Thank you for helping us!

### HAO STANDING ORDER FORM (Please complete in Block Capitals)

Name of person to be entered into draw: \_\_\_\_\_ Phone No: \_\_\_\_\_

New Sponsors Name: \_\_\_\_\_ Tel no: \_\_\_\_\_

Address in full: \_\_\_\_\_

Your bank's name and address in full: \_\_\_\_\_

Your bank account no.: \_\_\_\_\_ Your bank sort code: \_\_\_\_\_

Please pay HAO € \_\_\_\_\_ per month Amount in words \_\_\_\_\_

Preferred date to start:    /    / 2009                      To continue monthly thereafter until further notice.

I authorise this charity to discuss details of this transaction with the bank.

Signature of Donor \_\_\_\_\_ Date: \_\_\_\_\_

Payable to Bank of Ireland, Merrion Road, Dublin 4 HAO Account No: 95185158 Sort Code: 90-12-12

When completed please return this form to: HAO, Carmichael House, North Brunswick Street, Dublin 7